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17th November 2020

Dear Parents/Carers

Please see important information that we have received from Staffordshire County Council regarding symptoms and when to get a test, this has changed from previous advice:

Currently anyone who has one of the main symptoms of persistent cough, high temperature, new cough or loss of taste or smell must self-isolate immediately, book a test and inform school on office@tynselparkesacademy.co.uk.

However, with many people displaying other symptoms, we are asking residents in Staffordshire to consider getting tested as a precaution if they have other symptoms such as:

- Headaches
- Aches and pains
- Feeling very tired for no good reason
- Sore throat
- Runny nose
- Sneezing
- Sometimes 'tummy ache' in children

People with any of these symptoms can carry on going to school or work if they are well enough to do so and only need to self-isolate if the test comes back positive.

We want to ensure as many people as possible consider getting a test, even if it is merely a precaution. The national testing centres across the county have good availability, and can be booked through the [NHS website](#). People booking a test

through this website need to check the '**My council has asked me to get a test**' option. 2 We also have community testing sites that change on a weekly basis. People can view if there are any sites set up near them by visiting our [testing website](#).

Kind regards

Mrs Chandler
Principal