



MHST in Schools
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PRIVATE AND CONFIDENTIAL

Dear Parent/Carer,

Your child's school is currently working in partnership with the Mental Health Support Team. The Mental Health Support Team work closely with your school to address the mental health needs of young people as well as supporting school with their whole school approach to mental health and wellbeing

There may be times where the Mental Health Support Team will be in school delivering assemblies, workshops and drop in sessions for students. If you have any objection to your child participating in this work, please let your school know.

Mental Health Support Teams also offer low intensity group work and if required, 1:1 support for young people with mild to moderate mental health concerns for which consent will be gained from yourselves before a referral is made.

You can find out more information about Mental Health Support Teams by visiting our website <https://camhs.mpft.nhs.uk/south-staffordshire/our-services> or giving us a call on the number above.

If you have any further questions, please ask to speak with your mental health lead in school.

Kind regards,

Mental Health Support Team in Schools



@SouthStaffsMHST