



Tynsel Parkes CE Primary Academy

Curriculum Overview - All About Me!

Reception

Autumn 1 2025

Mrs Mellor, Mrs Carter



Personal, Social & Emotional Development

Self-regulation: My feelings

In this unit, children are learning to explore and understand their feelings, identify when they may be feeling something, and begin learning how to communicate and cope with their feelings and emotions.

We will also have some enrichment days throughout the half term to support PSHE.

Communication and Language

Children will have the opportunities to develop their listening, and attention skills in a variety of situations from small group work to whole class lessons. They will be able to show their understanding by asking and answering questions from their teachers, friends and classroom visitors. Through the Reception curriculum children will learn and use new vocabulary, express their views and explain why things may happen.

Mathematics

Numbers: counting, comparing and ordering numbers.

Counting: understanding the key principles of counting-one-to-one correspondence.

Maths equipment: introducing numicon and base 10.

Spatial Reasoning: Construction and 3D shapes.

Subitising 1-3: Fast recognition of up to 3 objects, without having to count them individually ('subitising').

Physical Development

PE is on a Thursday afternoon. We begin the year with six sessions from the **First PE** unit of work: The children will explore how to move safely in a space, how to move a balloon, how to move a ball and how to throw and catch. We then move on to Dinosaur dance. We will explore how we can move in time with the music, perform dance movements in different directions and use a story to perform a dance.

Literacy

Phonics-learning to say, read, and write individual letter sounds. To begin to blend sounds into words and begin to read short words made up of known letter-sound correspondences.

Writing-to form lower and upper case letters beginning to position them correctly on the line.

To begin to write words and short sentences relating to stories and topic work.

Understanding the World

This half term our topic will be based various all about me books

Children will complete a selection of activities including, drawing self portraits, talking about their families. Looking at their likes and dislikes, how have we changed from when we were babies.

Expressive Arts and Designs

Music: Exploring sound

Children explore how they can use their voice and bodies to make sounds, experiment with tempo and dynamic when playing instruments, identify sounds in the environment and differentiate between them.

Creating with Materials: Children will take part in a selection of activities using different tools and materials e.g. making face masks, painting themselves, using the playdoh to create people

How you can help your child at home

- **Home Learning:** Each week your child will bring home an activity sheet to complete, it may be linked to the letter sounds we are learning or the numbers we are concentrating on. Please support your child in completing this.
- **Reading:** Please read at 5 times per week with your child and record it in their diary. This really helps your child grow their imagination and help with writing sentences and telling their own stories.