



TYNSEL PARKES C.E. PRIMARY ACADEMY

Personal, Social and Health Education (PSHE) Policy, including Relationships and Sex Education (RSE).

Tynsel Parkes CE Primary Academy is a welcoming community, providing a nurturing environment where everyone is valued and loved. We strive to be a community where everyone works for the good of everyone else. "Dear friends, let us love one another, all love comes from God." – 1 John 4:7. Encouraging all to be compassionate, confident, and responsible individuals who positively contribute to the world we live in. We strive for excellence in all we do, by working our hardest and always seeking to improve, we grow and learn with happiness, treating one another with kindness and respect. This is reflected through our living motto practised throughout the Academy, 'Loving & Learning Together'.

This policy is to be used alongside the Relationships and Sex Education and Health Education Policy for Staffordshire University Academies Trust & Tynsel Parkes Primary Academy, which is available on the website.

Legal context

The Children and Social Work Act 2017 made it statutory for Primary schools to teach Relationships Education and Health Education and for Secondary schools to teach Relationships and Sex Education and Health Education from September 2020. Following this change to the law the Department for Education published Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education (2025) which includes the legal requirement for Primary schools to have a Relationships Education policy and Secondary schools to have a Relationships and Sex Education policy.

This policy also supports legal requirements relating to:

- The Equality Act 2010
- The Education Act 1996
- Keeping Children Safe in Education

The following policies are also relevant to this policy:

- Anti-bullying
- British Values-statement
- E safety
- Safeguarding
- Spirituality Policy

The following Church of England (CoE) documents are also relevant to this policy;

- Faith sensitive and inclusive Relationships Education, relationships and Sex Education (RSE) and Health Education (RSHE)
- CoE Principals and charter for RSE
- Pastoral Principals for living well together.
- Flourishing for all.

Definition

PSHE stands for Personal, Social, Health and Economic education.

PSHE education is the umbrella term used by the school for a planned programme which incorporates:

- Relationships Education;
- Health Education;
- Personal development;
- Emotional wellbeing and mental health;
- Safeguarding and protective education;
- Online safety;
- Financial education;
- Citizenship;
- Careers and aspirations;
- Age-appropriate sex education where the school chooses to provide this beyond the Science curriculum.

PSHE is not viewed as a single isolated subject. Relevant learning is reinforced through the whole-school curriculum and culture.

PSHE supports children and young peoples' personal development including their spiritual, moral, social and cultural development. It aims to help them to deal with the real-life issues that they face as they grow up and that they will encounter as adults. Their learning will support them to make informed choices both on and off-line about their safety, physical and mental health enabling, them to live positive and fulfilled lives.

PSHE is enhanced by a supportive school ethos where all are valued, positive relationships are promoted and there is a safe learning environment.

PSHE education is a planned and progressive programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives and contribute positively to society, now and in the future. As part of a whole school approach, PSHE education teaches pupils about the qualities and attributes they need to thrive as individuals, family members and members of the local community and wider society.

Aims

The PSHE programme, including RSE and HE, aims to: -

- Provide accurate, age-appropriate information to all children.
- Support the development of knowledge, skills and attitudes to enable children to make informed choices.
- Build confidence and self-esteem.
- Develop personal attributes and prepare children as they develop and become adults.
- Develop positive and inclusive attitudes to everyone, particularly to those with protected characteristics under the Equality Act 2010.
- To develop and embrace the Christian values of our school in our daily lives.

Roles and responsibilities

An effective programme of PSHE requires support from the whole school community, so the following role and responsibilities have been identified:

The Trust leaders:

- Oversee strategies and procedures across the Trust.
- Ensure that Church Schools in the Trust follow relevant guidance and policy provided by the Church of England (CoE).

Principal

- Oversee the development and delivery of PSHE in the Academy.
- Give staff the opportunity to contribute to the development of RSHE.
- Facilitate training for the subject leader and staff as required.
- Support the subject leader's work with parents/carers so that they are kept informed of current content and delivery of the PSHE curriculum.
- In church schools, ensure that relevant CoE guidance and policy is followed.

Subject Leader

- Lead the development and delivery of effective PSHE across the Academy.
- Keep up to date with latest developments in the subject.
- Support staff as necessary.
- Monitor and evaluate PSHE throughout the year and report to the Academy Principal and the LAC.
- Liaise with parents and carers as necessary to keep information on the subject content and delivery up to date.
- In church schools, ensure that relevant CoE guidance and policy is followed.

All staff

- Know and implement the policy relating to PSHE, including RSE.
- Teach PSHE, including RSE using the agreed academy curriculum.
- Maintain positive and supportive links with parents and carers.
- Respond to the needs and questions of children, young people and their families regarding the content and delivery of the PSHE curriculum.
- Monitor progress throughout the academic year.

Parents/Carers

- Will be encouraged to engage with staff to better understand the content and delivery of the PSHE curriculum.
- Will be encouraged to speak to the school if they have questions about the curriculum.
- Will be provided with information about resources and teaching approaches where appropriate.
- Will be kept up to date of any changes and/or additions to the PSHE curriculum.
- Will be informed of their right to withdraw their children from sex education lessons when these are scheduled.
- Will be assured that relevant CoE guidance and policy is followed.

Teaching and Learning

At Tynsel Parkes PSHE will be taught through designated weekly lessons which last approximately 45 minutes long, as well as classroom worship sessions and weekly Picture News sessions. Cross curricular links are encouraged and developed. The lessons will incorporate all the School's, Christian and Traditional British values. They may be delivered in a variety of ways, including through the wider context of the school, such as assemblies and visitors to the academy.

Our staff are confident and skilled to enable them to deliver effective PSHE lessons particularly where sensitive or controversial issues are included. The Principal and Subject Leader will assess the professional development needs of staff and provide training if needed, using internal or external expertise when required.

Curriculum content, including resources

PSHE is taught through a planned, progressive programme.

Teaching methods may include:

- whole-class discussion;
- circle time;
- stories and scenarios;
- role play;
- discussion and debate;
- videos and other carefully selected resources;
- individual reflection;
- paired and group activities;
- practical activities;
- assemblies;
- visitors and specialist organisations where appropriate.

The Kapow online scheme of work for PSHE is used to support the teaching and learning in PSHE at Tynsel Parkes. Lessons will be adapted to suit pupils' individual needs and developmental stage, where staff feel it is appropriate.

An overview of the topics taught in each year group is available on our website.

Equality

The Equality Act 2010 sets out the duty to eliminate discrimination, advance equality of opportunity and foster good relationships between those with protected characteristics and those without. The protected characteristics are:

- Age
- Marriage and Civil partnership
- Disability
- Race
- Religion & belief
- Sexual orientation
- Sex
- Pregnancy and maternity
- Gender reassignment

The school is committed to equality and inclusion.

PSHE teaching will:

- promote respect for all;
- challenge discrimination;
- challenge stereotypes;
- recognise and celebrate difference;
- promote equality;
- support pupils to understand that people and families may be different;
- reflect the diverse backgrounds and experiences of pupils.

Teaching will comply with the Equality Act 2010 and the school's Equality Policy.

The school will take account of pupils' religious and cultural backgrounds when planning and delivering PSHE and RE.

SEND and Accessibility

The school will also consider the needs of our pupils with Special Educational Needs (SEN). The PSHE programme will meet the needs of all children, including pupils with special educational needs and/or disabilities.

Teachers will adapt:

- language;
- resources;
- activities;
- communication methods;
- teaching pace;
- levels of support.

Some pupils may require additional repetition, visual resources, social stories, individual support or differentiated activities.

Right to withdraw

Parents and carers cannot legally withdraw their child from any aspect of Relationships Education or Health Education.

Parents and carers have the right to withdraw from Sex Education apart from content that is taught within the Science National Curriculum. As Tynsel Parkes is a first school and as such don't teach Sex Education, children cannot be withdrawn from PSHE/RSE lesson. Parents are welcome to discuss any concerns they may have about the PSHE/RSE curriculum.

Parents of Year 2 and Year 4 pupils will be informed of when lessons about 'the changing body' will take place at the beginning of the school year and again at the beginning of the term they will be taught.

Safeguarding

PSHE include sensitive topics and it is therefore possible that discussions will prompt safeguarding disclosures. Reference should be made to SUAT safeguarding policies and procedures to deal with any disclosures appropriately and sensitively.

Class teachers should discuss with the Designated Safeguarding Lead (R Chandler) any potentially sensitive topics. Appropriate steps will be taken to provide additional support for children if required.

Staff should consider the timing of lessons to ensure that children have the opportunity to report any concerns they may have either that day or the following day.

Monitoring and evaluating

The Principal and Subject Leader will monitor and evaluate PSHE in line with other subjects in the Academy. This will include lesson observations, learning walks, evidence of learning, and feedback from staff, parents/carers and pupils.

Pupils' progress will be recorded in line with other areas of the curriculum on the Insight Tracking system.

Support

Within the academy- Principal/vice principal and subject leader.

External - see academy website/local offer.

Reviewed: September 2026